

**Scheme of Examination for Health and Physical Education**  
**From Session 2014-15 (B.A. 1<sup>st</sup> to 6<sup>th</sup> Semester)**

Semester	Theory Marks	Internal Assessment	Time	Practical Marks	Total	W.E. From Session	Exam to be Conducted
1 <sup>st</sup>	60	15	3 hours	--	75	2014-15	Dec. 2014
2 <sup>nd</sup>	60	15	3 hours	50	125	2014-15	May 2015
3 <sup>rd</sup>	60	15	3 hours	--	75	2015-16	Dec. 2015
4 <sup>th</sup>	60	15	3 hours	50	125	2015-16	May 2016
5 <sup>th</sup>	60	15	3 hours	--	75	2016-17	Dec. 2016
6 <sup>th</sup>	60	15	3 hours	50	125	2016-17	May 2017
<b>Total</b>	<b>360</b>	<b>90</b>		<b>150</b>	<b>600</b>		

The above New Scheme of examination was approved and will be implemented for **Health and Physical Education in B.A. in the following sessions:**

1<sup>st</sup> and 2<sup>nd</sup> Semester w.e.f. Session 2014-15

3<sup>rd</sup> and 4<sup>th</sup> Semester w.e.f Session 2015-16

5<sup>th</sup> and 6<sup>th</sup> Semester w.e.f. Session 2016-17

**Note:** The students appearing in the 3<sup>rd</sup> Semester Exams in Dec. 2014, 4<sup>th</sup> Semester exams in April/May 2015, 5<sup>th</sup> Semester Exams in Dec. 2015 and 6<sup>th</sup> Semester exams in April/May 2016 **will follow the old scheme approved in 2013-14.** The practical examination of these students will be conducted with following pattern:

3<sup>rd</sup> and 4<sup>th</sup> Semester Practical will be conducted together in 4th semester (April/May2015)

5<sup>th</sup> and 6<sup>th</sup> Semester Practical will be conducted together in 6th semester (April/May 2016)

**Work Load for teaching the Physical Education as an optional subject in B.A. will be as under:**

- **Six Periods per Week for each class (*Four theories and two practical*).**
- **Strength of students in practical class shall not exceed 25 students per group in any case.**
- **Keeping the view nature of practical and climatic conditions, it is recommended that all the practicals must be conducted before the theory exams in all even semesters.**

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -1<sup>st</sup> Semester (Health & Physical Education) (From Session 2014-15)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 Marks)**

#### **Unit - 1: Introduction to Physical Education-**

1. Meaning, definition and scope of Physical Education.
2. Relationship of Physical Education with General Education
3. Aim, Objectives and Importance of Physical Education in modern society.
4. Misconceptions regarding Physical Education

#### **Unit- II: Health & Hygiene**

1. Meaning, definition and importance of Health.
2. Factors influencing Health.
3. Meaning and importance of Personal Hygiene
4. Hygiene of various body parts and Factors influencing Personal Hygiene

#### **Unit- III: Introduction to Yoga**

1. Yoga - Meaning, Concept and Historical development
2. Types of Yoga
3. Importance of yoga in healthy living
4. Pranayam - Meaning, types and their benefits.

#### **Unit- IV: Introduction to Human Anatomy and Physiology**

1. Meaning and definition of Human Anatomy and Physiology
2. Importance of Human Anatomy and Physiology in Physical Education
3. Definition of Cell, Tissue, Organ and System
4. Structure and Properties of Cell

### **Text Books and References**

- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Sharma, V.K., “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Sharma, V.K., “ Yog Shiksha” Saraswati House Pvt.Ltd. Daryaganj, New Delhi (2011)
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Iyengar, B.K.S. “Light on life” Oxford, Pan Macmillan Ltd. (2005).
- Iyengar, B.K.S. “The Tree of Yoga” New Delhi, Harper Collins. (2009).
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -2<sup>nd</sup> Semester (Health & Physical Education) (From Session 2014-15)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 Marks)**

#### **Unit – I Introduction to Health Education**

1. Definition, Aim, Objectives and Scope of Health Education.
2. Importance of Health Education in modern society
3. First Aid: Meaning, Aim, Objectives and General Principles of First Aid.
4. First Aid for Common injuries - Bleeding, Burns, Electric Shock, Drowning and Snake Bite

#### **Unit –II Historical Prospects of Physical Education**

1. Pre-independence and Post – independence historical development of Physical Education in India.
2. Role of IOA, SAI, NSNIS and YMCA in the development of Physical Education and Sports in India.
3. Sports Policy of Haryana State
4. National Sports Policy

#### **Unit II Introduction to Physical Fitness**

1. Meaning, definition and importance Physical Fitness
2. Components and Principles of Physical Fitness
3. Factors influencing of Physical Fitness.
4. Meaning of Isometric, Isotonic and Isokinetic exercises

#### **Unit IV Introduction to Human Anatomy and Physiology**

1. Anatomy of Human Bone
2. Types and Function of bones in Human Body
3. Meaning and types of joints in Human Body.
4. Types of synovial joints in Human Body

### **Text Books and References**

- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kamlesh & Sangral,,” Methods in Physical Education” Parkash Brothers, Ludhiana(2000).
- Bucher Olsen and Willgoose; “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

**B.A. – 1<sup>st</sup> and 2<sup>nd</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2014-15)**

**Maximum Marks- 50**

- |  |                      |
|--|----------------------|
| <b>1. Any one game</b><br>(With ground specifications, general rules and general skills)<br>1. kho - kho      2. Badminton      3. Cricket | <b>10 Marks</b>      |
| <b>2. Name and identification of bones in Human Body</b>   | <b>10 Marks</b>      |
| <b>3. Athletics:</b><br>Shot Put (Measurements & Basic Techniques)<br>Types of Starts - Crouch Start and standing starts (Basic Technique) | <b>(10+10) Marks</b> |
| <b>4. Viva – Voce and Practical File</b>   | <b>10 Marks</b>      |

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -3<sup>rd</sup> Semester (Health & Physical Education) (From Session 2015-16)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit- 1 Concept of Safety Education**

1. Meaning, need and importance of Safety Education
2. Sports Injuries: Types and causes
3. Principles for prevention of sports Injuries.
4. General treatment for common sports injuries i.e Abrasion, Contusion, Sprain , Strain, Fracture and Dislocation of joints

#### **Unit –II Common Diseases**

1. Meaning of Communicable and Non – Communicable diseases
2. Modes of transmission, prevention and control of communicable diseases.
3. Common diseases: HIV/ AIDS, Hepatitis, Dengue, Typhoid, Malaria and Influenza.
4. Allergy related diseases: Asthma and Sinuses

#### **Unit – III Concept of Balanced Diet**

1. Balanced Diet: Meaning and importance
2. Components of balanced diet and their sources
3. Factors affecting balanced diet
4. Harmful effects of Junk Food

#### **Unit –IV Anatomy and Physiology of Body System**

1. Circulatory System: Structure of Heart
2. Functioning of Heart
3. Types of Circulation: Systemic and Pulmonary
4. Effects of exercise on Circulatory System.

### **Text Books and References:**

- Mathews D.K.& Fox D.K “The Physiological basis of Physical Education and Sprots,2<sup>nd</sup> .Philadelphia.K.B.Sanuders & Co.,(1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003). .
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).



### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. - 4<sup>th</sup> Semester (Health & Physical Education) (From Session 2015-16)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit-1 Warming Up and Cooling Down:**

1. Meaning, types and significance of warming up
2. Meaning, types and significance of cooling down.
3. Methods of warming up and cooling down.
4. Physiological aspects of warming up and cooling down

#### **Unit –II Psychological aspects of Physical Education:**

1. Meaning of Psychology and sports Psychology
2. Need and importance of sports psychology
3. Learning: meaning and laws
4. Learning curve

#### **Unit –III Major Sports Events**

1. Ancient Olympic Games
2. Modern Olympic Games
3. Asian Games
4. Common Wealth Games

#### **Unit - IV Anatomy and Physiology of Human Body System**

1. Structure of Respiratory Organs.
2. Physiology of respiratory System.
3. Effect of exercise on respiratory System
4. Terminology of respiration: Tidal Volume, Residual Volume and Total Lung Capacity.

### **Text Books and References**

- H.H. Clark & D.H. Clark: Development and adopted physical education, Englewood cliffs, New Jersey, Prentice Hall, 1987.
- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia. K .B. Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh, Ajmer et. Al.” Olympic Movement”Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana (2000).
- Mangal, S.K.,”Psychology for Physical Education” Parkash Brothers, Ludhiana (2008).
- Kamlesh & Sangral,” Methods in Physical Education” Parkash Brothers, Ludhiana (2007).
- Jensen Fisher:9 “Scientific Basis of Athletic Conditioning” Philadelphia, Lee and Febiger (1975).

**B.A. – 3<sup>rd</sup> and 4<sup>th</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2015-16)**

**Maximum Marks- 50**

- 1. Measurement of Body Mass Index** **10 Marks**  
(Normal Range of B.M.I for Children, Women and Men)
- 2. Any one Game of the following:** **10 Marks**  
(With ground specifications, general rules and general skills)
  1. Basketball
  2. Foot ball
  3. Kabaddi
- 3. Athletics:** **(10 + 10) Marks**  
Discus throw and Long Jump  
(Specifications, general rules and general skills)
- 4. Viva – Voce and Practical File** **10 Marks**

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -5<sup>th</sup> Semester (Health & Physical Education) (From Session 2016-17)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit -I Growth & Development**

1. Meaning and definition of Growth and Development
2. Stages of Growth and Development.
3. Principles and factors influencing growth and development
4. Age and sex difference in relation to physical activities and sports

#### **Unit – II Concept of Sports Organization and Administration**

1. Meaning and importance of organization and administration in Physical Education and Sports
2. Principles of sports organization and administration
3. Organization and administration of Intramural and Extramural activities
4. Tournaments and their types (League and Knock out )

#### **Unit – III Concept of Posture**

1. Meaning of posture and importance of good posture
2. Causes of poor posture
3. Symptoms and causes of Postural Deformities: Lordosis, Kyphosis, Scoliosis, Flat Feet, Knock Knee and Blow Legs.
4. Precautions and Remedies for postural deformities

#### **Unit-IV Anatomy and Physiology**

1. Gross Anatomy of muscle, Types of Muscles in human body
2. Effects of exercise on Muscular System
3. Composition of Human Blood
4. Functions of Blood

### **Text Books and References**

- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana. (2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Cliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Louis (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003).
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).
- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sports, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).

### **Instructions for Paper- Setter:**

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### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -6<sup>th</sup> Semester (Health & Physical Education) (From Session 2016-17)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit-1 Concept of Motivation and Socialization**

1. Meaning and definition of motivation.
2. Types of motivation and importance of motivation in sports.
3. Meaning of Socialization and Socialization through sports.
4. Effect of social behavior on performance of sports person.

#### **Unit- II Concept of Sports Training and Doping**

1. Meaning and definition of sports training
2. Factors affecting sports training
3. Types of sports training: Circuit training, Interval Training and Continuous Training
4. Doping: Meaning, types and its effects on health.

#### **Unit – III Concept of Sports Biomechanics**

1. Meaning and definition of sports biomechanics
2. Importance of Biomechanics in Sports
3. Newton's Laws of motion and their application in sports
4. Levers: Meaning, types and their application in Sports

#### **Unit – IV Anatomy and Physiology**

1. Organs of Digestive System
2. Structure of Digestive System
3. Mechanism of food digestion
4. Effects of exercise on Digestive System.

### **Text Books and References**

- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana. (2000).
- Dick F “Sports Training Principles” .London Lepus Book, (1980).
- Desch and Burk “knesiology and applied Anatomy”, 2nd ed.lee and Febiger, (1963).
- Show D, “Kinesiology’ Friends Publications, New Delhi, (2001).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003). .
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).
  
- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).

**B.A. – 5<sup>th</sup> and 6<sup>th</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2016-17)**

**Maximum Marks- 50**

- |   |                 |
|---|-----------------|
| <b>1. Pranayam:</b>   | <b>10 Marks</b> |
| a) Bhramari    b) Anulom Vilom    c) Kapal Bhati  |                 |
| <b>2. Any one Game of the following</b>   | <b>10 Marks</b> |
| (Ground Specifications, General rules and General Skill)  |                 |
| a) Volleyball                      b) Hockey              c) Judo/Boxing/Wrestling/Self-defense tactics |                 |
| <b>3. Tying of different types of Bandages and Arm Slings.</b>  | <b>10 Marks</b> |
| <b>4. First Aid</b>   | <b>10 Marks</b> |
| (First aid for different injuries and circumstances, items of First aid box and their uses)             |                 |
| <b>5. Viva – Voce and Practical file</b>  | <b>10 Marks</b> |



## Practical Exam Notice

Date: 29 June, 2022

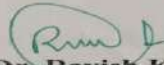
### B.A. II & III Year of Health & Physical Education

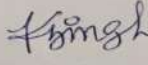
Practical Exam of Health & Physical Education subject for Regular and Re-appear students of B.A. classes will be held according to the below mentioned schedule.

Concerned students will report at college playground in sports kit (Track Paint, white T-Shirt and Sports Shoes) with Practical File, College Identity Card and Exam Roll no. Slip.

### **Practical Exam Schedule of Health & Physical Education Subject**

Sr.	Class	Date of Practical	Reporting Date & Time
1	B.A. -II Semester	4 & 5 July, 2022	4 July, 2022 at (8:45am)
2	B.A. -IV Semester	7 July, 2022	7 July, 2022 at (8:45am)
3	B.A. -VI Semester	14 July, 2022	14 July, 2022 at (8:45am)

  
**(Dr. Ravish Kumar Chauhan)**  
 Principal

  
**(Dr. Kuldeep Singh)**  
 Associate Prof. of Phy. Edu.)

**KURUKSHETRA UNIVERSITY, KURUKSHETRA**  
(Established by the State Legislature Act XII of 1956)

EC-V/4

**FORWARDING MEMO FOR PRACTICAL AWARD LIST**

The Memo must be filled in by the Examiners in Practical and forwarded along with their award list and the attendance charts, so that the payment is not delayed.

Centre of Examination: \_\_\_\_\_  
 (In case the examiner is to conduct exam. at more than one centre, he may prepare and send to this office separate forwarding Memo's for each centre.)

Examiner's Serial number given with the centre of exam. in the programme chart for practical exam. **B.A. -VI Sem. Regular**

Name of examination: **B.A. -VI Sem. held on 14-7-2022**

Subject: **Health & Phy. Edu. - Practical**

Date on which result submitted to the Assistant Registrar (Secretary): **14-7-22**

Total No. of candidates examined: \_\_\_\_\_

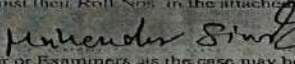
Roll Nos. of candidates actually examined by the examiner

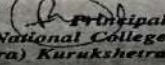
Date	Session	Roll No.
<b>14/22</b>	<b>(Morning)</b>	<b>110222501, 191071101, 105, 111, 120, 128, 144, 148, 191071149, 175, 180, 191, 193, 196, 199, 209, 243, 214, 191071215, 222, 228, 233, 245, 243, 248, 258, 276, 191071293, 294, 302, 395, 306, 310, 315, 346, 359, 360, 191071363, 376, 377, 382</b>
	<b>(Evening)</b>	<b>(41) forty one -</b>

Roll Nos of ABSENTEES:

Date	Session	Roll No.
<b>14/22</b>	<b>Morning &amp; Evening</b>	<b>191071230</b>
		<b>191071232</b>

Candidates who were absent and have been shown as such against their Roll Nos. in the attached award list: **(2) Two only**

  
 (Full Signatures of Examiner or Examiners, as the case may be)  
 Name and Full address (in capital letters) **Dr. Mahender Singh**  
**M.L.N. College, Radour**

  
**Principal**  
**Indira Gandhi National College**  
**Ladwa (Dhanora) Kurukshetra**

Dated **14/7/2022**

Examiner's Serial No. as shown in the Programme Chart for Practical Exam: \_\_\_\_\_

KURUKSHETRA UNIVERSITY  
(Established by the state legislature act XII of 1956)  
B.A. III<sup>rd</sup> Year (VI<sup>th</sup> Semester) EXAMINATION, June, 2022

PRACTICAL ATTENDANCE CHART  
Chart for preparing list of each group for practical's in science and other subjects.

Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Subject: Health & Physical Education Date: 14-07-2022  
Group: I Time: 8:45 am onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
1	110222501	Savi Bani	Sanjani
2	191071101	Sargya	Sanjeet
3	191071105	Sawabh	Sawabh
4	191071111	Himanshu Saini	Himanshu Saini
5	191071120	RAJNI	RAJNI
6	191071128	Abhishek	Abhishek
7	191071144	Gumti	Gumti
8	191071148	Lovely	Lovely
9	191071149	Aditya	Aditya
10	191071175	Yodhans	Yodhans
11	191071180	Sachin Kumar	Sachin Kumar
12	191071191	Jagan Singh	Jagan Singh
13	191071193	Shreeram	Shreeram
14	191071196	Vishal	Vishal
15	191071199	Prince	Prince
16	191071209	Vaishali Kauri	Vaishali Kauri
17	191071213	Jasbeer Singh	Jasbeer Singh
18	191071214	Neha	Neha
19	191071215	MEENA	MEENA
20	191071222	Hansa	Hansa
21	191071228	Ajithans	Ajithans
22	191071230	ABSENT	ABSENT

Total number of Candidates allotted by Principal 21

Total No. of Candidates examined by the Examiner 21

Total no. of Candidates absent in the Practical Examination 01 one

Signature of Principal  
Address  
Indira Gandhi National College,  
Ladwa (Dharmapuri) Kurukshetra

Signature of Practical Examiner  
Address Dr. Mahender Singh,  
MLN College, Radour

Signature & Address of the co-examiner  
(if any) Dr. Kaldeep Singh  
I.G.N. College, Ladwa (Kurukshetra)

(To be submitted to Registrar, (Secretary) along with award list in the confidential

(Established by the state legislature act XII of 1956)  
B.A. III<sup>rd</sup> Year (VI<sup>th</sup> Semester) EXAMINATION, June, 2022

PRACTICAL ATTENDANCE CHART

Chart for preparing list of each group for practical's in science and other subjects.  
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Subject: Health & Physical Education Date: 14-06-2022  
Group: II Time: 8:45 am onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
23	191071232	ABSENT	ABSENT
24	191071233	Raman	Raman
25	191071242	Mahesh Kumar	Mahesh Kumar
26	191071243	Pratik Kr.	Pratik Kr.
27	191071248	Suman Devi	Suman Devi
28	191071258	Romalik	Romalik
29	191071276	Sabil	Sabil
30	191071293	Munsh	Munsh
31	191071294	Harsh Kumar	Harsh Kumar
32	191071302	Abhishek	Abhishek
33	191071305	Arun Kumar	Arun Kumar
34	191071306	Mithu Singh	Mithu Singh
35	191071310	Harsh	Harsh
36	191071315	Sabil Kumar	Sabil Kumar
37	191071346	Ajay	Ajay
38	191071359	Gurpreet	Gurpreet
39	191071360	Booth	Booth
40	191071363	Nitin Kumar	Nitin Kumar
41	191071376	Nishu Kumar	Nishu Kumar
42	191071377	Suman Singh	Suman Singh
43	191071382	Rohan	Rohan
44			

Total number of Candidates allotted by Principal 20

Total No. of Candidates examined by the Examiner 20

Total no. of Candidates absent in the Practical Examination 01 one

Signature of Principal  
Address  
Indira Gandhi National College,  
Ladwa (Dharmapuri) Kurukshetra

Signature of Practical Examiner  
Address Dr. Mahender Singh,  
MLN College, Radour

Signature & Address of the co-examiner  
(if any) Dr. Kaldeep Singh  
I.G.N. College, Ladwa (Kurukshetra)

(To be submitted to Registrar, (Secretary) along with award list in the confidential

KURUKSHETRA UNIVERSITY, KURUKSHETRA  
(Established by the State Legislature Act XII of 1956)

A+ Grade, NAAC Accredited

Practical Marks Entry For: Class Name: Bachelor of Arts(B.A.)

Paper Type: FULL PAPERS || Semester: SEMESTER-06 || Session: May-June 2022

Subject Name: HEALTH AND PHYSICAL EDU. (PE26)

Examiner ID: 173003 || College Name: IG National College Ladwa

Maximum Marks: 50

S.No.	University Roll No	Obtained Marks	Absent
1	110222501	47	
2	191071101	45	
3	191071105	45	
4	191071111	44	
5	191071120	43	
6	191071128	44	
7	191071144	47	
8	191071148	29	
9	191071149	29	
10	191071175	45	
11	191071180	44	
12	191071191	44	
13	191071193	46	
14	191071196	47	
15	191071199	47	
16	191071209	44	
17	191071213	45	
18	191071214	45	
19	191071215	48	
20	191071222	36	
21	191071228	46	
22	191071230		Absent
23	191071232		Absent
24	191071233	46	
25	191071242	48	
26	191071243	46	
27	191071248	48	
28	191071258	48	
29	191071276	47	

Internal Examiner Signature Singh

HOD Signature Singh

External Examiner Signature Mahender Singh

KURUKSHETRA UNIVERSITY, KURUKSHETRA

(Established by the State Legislature Act XII of 1956)

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Practical Marks Entry For: Class Name: Bachelor of Arts(B.A.)

Paper Type: FULL PAPERS || Semester: SEMESTER-06 || Session: May-June 2022

Subject Name: HEALTH AND PHYSICAL EDU. (PE26)

Examiner ID: 173003 || College Name: IG National College Ladwa

Maximum Marks: 50

S.No.	University Roll No	Obtained Marks	Absent
30	191071293	47	
31	191071294	45	
32	191071302	45	
33	191071305	42	
34	191071306	40	
35	191071310	39	
36	191071315	41	
37	191071346	45	
38	191071359	45	
39	191071360	47	
40	191071363	48	
41	191071376	49	
42	191071377	50	
43	191071382	49	

Internal Examiner Signature Singh

HOD Signature Singh

External Examiner Signature Mahender Singh

