

Scheme of Examination for Health and Physical Education
From Session 2014-15 (B.A. 1st to 6th Semester)

Semester	Theory Marks	Internal Assessment	Time	Practical Marks	Total	W.E. From Session	Exam to be Conducted
1 st	60	15	3 hours	--	75	2014-15	Dec. 2014
2 nd	60	15	3 hours	50	125	2014-15	May 2015
3 rd	60	15	3 hours	--	75	2015-16	Dec. 2015
4 th	60	15	3 hours	50	125	2015-16	May 2016
5 th	60	15	3 hours	--	75	2016-17	Dec. 2016
6 th	60	15	3 hours	50	125	2016-17	May 2017
Total	360	90		150	600		

The above New Scheme of examination was approved and will be implemented for **Health and Physical Education in B.A. in the following sessions:**

1st and 2nd Semester w.e.f. Session 2014-15

3rd and 4th Semester w.e.f Session 2015-16

5th and 6th Semester w.e.f. Session 2016-17

Note: The students appearing in the 3rd Semester Exams in Dec. 2014, 4th Semester exams in April/May 2015, 5th Semester Exams in Dec. 2015 and 6th Semester exams in April/May 2016 **will follow the old scheme approved in 2013-14.** The practical examination of these students will be conducted with following pattern:

3rd and 4th Semester Practical will be conducted together in 4th semester (April/May2015)

5th and 6th Semester Practical will be conducted together in 6th semester (April/May 2016)

Work Load for teaching the Physical Education as an optional subject in B.A. will be as under:

- **Six Periods per Week for each class (*Four theories and two practical*).**
- **Strength of students in practical class shall not exceed 25 students per group in any case.**
- **Keeping the view nature of practical and climatic conditions, it is recommended that all the practicals must be conducted before the theory exams in all even semesters.**

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -1st Semester (Health & Physical Education) (From Session 2014-15)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 Marks)**

Unit - 1: Introduction to Physical Education-

1. Meaning, definition and scope of Physical Education.
2. Relationship of Physical Education with General Education
3. Aim, Objectives and Importance of Physical Education in modern society.
4. Misconceptions regarding Physical Education

Unit- II: Health & Hygiene

1. Meaning, definition and importance of Health.
2. Factors influencing Health.
3. Meaning and importance of Personal Hygiene
4. Hygiene of various body parts and Factors influencing Personal Hygiene

Unit- III: Introduction to Yoga

1. Yoga - Meaning, Concept and Historical development
2. Types of Yoga
3. Importance of yoga in healthy living
4. Pranayam - Meaning, types and their benefits.

Unit- IV: Introduction to Human Anatomy and Physiology

1. Meaning and definition of Human Anatomy and Physiology
2. Importance of Human Anatomy and Physiology in Physical Education
3. Definition of Cell, Tissue, Organ and System
4. Structure and Properties of Cell

Text Books and References

- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Sharma, V.K., “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Sharma, V.K., “ Yog Shiksha” Saraswati House Pvt.Ltd. Daryaganj, New Delhi (2011)
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Iyengar, B.K.S. “Light on life” Oxford, Pan Macmillan Ltd. (2005).
- Iyengar, B.K.S. “The Tree of Yoga” New Delhi, Harper Collins. (2009).
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -2nd Semester (Health & Physical Education) (From Session 2014-15)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 Marks)**

Unit – I Introduction to Health Education

1. Definition, Aim, Objectives and Scope of Health Education.
2. Importance of Health Education in modern society
3. First Aid: Meaning, Aim, Objectives and General Principles of First Aid.
4. First Aid for Common injuries - Bleeding, Burns, Electric Shock, Drowning and Snake Bite

Unit –II Historical Prospects of Physical Education

1. Pre-independence and Post – independence historical development of Physical Education in India.
2. Role of IOA, SAI, NSNIS and YMCA in the development of Physical Education and Sports in India.
3. Sports Policy of Haryana State
4. National Sports Policy

Unit II Introduction to Physical Fitness

1. Meaning, definition and importance Physical Fitness
2. Components and Principles of Physical Fitness
3. Factors influencing of Physical Fitness.
4. Meaning of Isometric, Isotonic and Isokinetic exercises

Unit IV Introduction to Human Anatomy and Physiology

1. Anatomy of Human Bone
2. Types and Function of bones in Human Body
3. Meaning and types of joints in Human Body.
4. Types of synovial joints in Human Body

Text Books and References

- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kamlesh & Sangral,,” Methods in Physical Education” Parkash Brothers, Ludhiana(2000).
- Bucher Olsen and Willgoose; “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

B.A. – 1st and 2nd Semester (Practical)
(Health & Physical Education)
(From Session 2014-15)

Maximum Marks- 50

- | | |
|--|----------------------|
| 1. Any one game
(With ground specifications, general rules and general skills)
1. kho - kho 2. Badminton 3. Cricket | 10 Marks |
| 2. Name and identification of bones in Human Body | 10 Marks |
| 3. Athletics:
Shot Put (Measurements & Basic Techniques)
Types of Starts - Crouch Start and standing starts (Basic Technique) | (10+10) Marks |
| 4. Viva – Voce and Practical File | 10 Marks |

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -3rd Semester (Health & Physical Education) (From Session 2015-16)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 marks)**

Unit- 1 Concept of Safety Education

1. Meaning, need and importance of Safety Education
2. Sports Injuries: Types and causes
3. Principles for prevention of sports Injuries.
4. General treatment for common sports injuries i.e Abrasion, Contusion, Sprain , Strain, Fracture and Dislocation of joints

Unit –II Common Diseases

1. Meaning of Communicable and Non – Communicable diseases
2. Modes of transmission, prevention and control of communicable diseases.
3. Common diseases: HIV/ AIDS, Hepatitis, Dengue, Typhoid, Malaria and Influenza.
4. Allergy related diseases: Asthma and Sinuses

Unit – III Concept of Balanced Diet

1. Balanced Diet: Meaning and importance
2. Components of balanced diet and their sources
3. Factors affecting balanced diet
4. Harmful effects of Junk Food

Unit –IV Anatomy and Physiology of Body System

1. Circulatory System: Structure of Heart
2. Functioning of Heart
3. Types of Circulation: Systemic and Pulmonary
4. Effects of exercise on Circulatory System.

Text Books and References:

- Mathews D.K.& Fox D.K “The Physiological basis of Physical Education and Sprots,2nd .Philadelphia.K.B.Sanuders & Co.,(1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003). .
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. - 4th Semester (Health & Physical Education) (From Session 2015-16)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 marks)**

Unit-1 Warming Up and Cooling Down:

1. Meaning, types and significance of warming up
2. Meaning, types and significance of cooling down.
3. Methods of warming up and cooling down.
4. Physiological aspects of warming up and cooling down

Unit –II Psychological aspects of Physical Education:

1. Meaning of Psychology and sports Psychology
2. Need and importance of sports psychology
3. Learning: meaning and laws
4. Learning curve

Unit –III Major Sports Events

1. Ancient Olympic Games
2. Modern Olympic Games
3. Asian Games
4. Common Wealth Games

Unit - IV Anatomy and Physiology of Human Body System

1. Structure of Respiratory Organs.
2. Physiology of respiratory System.
3. Effect of exercise on respiratory System
4. Terminology of respiration: Tidal Volume, Residual Volume and Total Lung Capacity.

Text Books and References

- H.H. Clark & D.H. Clark: Development and adopted physical education, Englewood cliffs, New Jersey, Prentice Hall, 1987.
- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia. K .B. Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh, Ajmer et. Al.” Olympic Movement”Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana (2000).
- Mangal, S.K.,”Psychology for Physical Education” Parkash Brothers, Ludhiana (2008).
- Kamlesh & Sangral,” Methods in Physical Education” Parkash Brothers, Ludhiana (2007).
- Jensen Fisher:9 “Scientific Basis of Athletic Conditioning” Philadelphia, Lee and Febiger (1975).

B.A. – 3rd and 4th Semester (Practical)
(Health & Physical Education)
(From Session 2015-16)

Maximum Marks- 50

- 1. Measurement of Body Mass Index** **10 Marks**
(Normal Range of B.M.I for Children, Women and Men)
- 2. Any one Game of the following:** **10 Marks**
(With ground specifications, general rules and general skills)
 1. Basketball
 2. Foot ball
 3. Kabaddi
- 3. Athletics:** **(10 + 10) Marks**
Discus throw and Long Jump
(Specifications, general rules and general skills)
- 4. Viva – Voce and Practical File** **10 Marks**

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -5th Semester (Health & Physical Education) (From Session 2016-17)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 marks)**

Unit -I Growth & Development

1. Meaning and definition of Growth and Development
2. Stages of Growth and Development.
3. Principles and factors influencing growth and development
4. Age and sex difference in relation to physical activities and sports

Unit – II Concept of Sports Organization and Administration

1. Meaning and importance of organization and administration in Physical Education and Sports
2. Principles of sports organization and administration
3. Organization and administration of Intramural and Extramural activities
4. Tournaments and their types (League and Knock out)

Unit – III Concept of Posture

1. Meaning of posture and importance of good posture
2. Causes of poor posture
3. Symptoms and causes of Postural Deformities: Lordosis, Kyphosis, Scoliosis, Flat Feet, Knock Knee and Blow Legs.
4. Precautions and Remedies for postural deformities

Unit-IV Anatomy and Physiology

1. Gross Anatomy of muscle, Types of Muscles in human body
2. Effects of exercise on Muscular System
3. Composition of Human Blood
4. Functions of Blood

Text Books and References

- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana. (2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Cliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Louis (1961).
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- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003).
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).

- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sports, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -6th Semester (Health & Physical Education) (From Session 2016-17)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 marks)**

Unit-1 Concept of Motivation and Socialization

1. Meaning and definition of motivation.
2. Types of motivation and importance of motivation in sports.
3. Meaning of Socialization and Socialization through sports.
4. Effect of social behavior on performance of sports person.

Unit- II Concept of Sports Training and Doping

1. Meaning and definition of sports training
2. Factors affecting sports training
3. Types of sports training: Circuit training, Interval Training and Continuous Training
4. Doping: Meaning, types and its effects on health.

Unit – III Concept of Sports Biomechanics

1. Meaning and definition of sports biomechanics
2. Importance of Biomechanics in Sports
3. Newton's Laws of motion and their application in sports
4. Levers: Meaning, types and their application in Sports

Unit – IV Anatomy and Physiology

1. Organs of Digestive System
2. Structure of Digestive System
3. Mechanism of food digestion
4. Effects of exercise on Digestive System.

Text Books and References

- Kamlesh & Sangral, "Principles & History of Physical Education", Parkash Brothers, Ludhiana. (2000).
- Dick F "Sports Training Principles" .London Lepus Book, (1980).
- Desch and Burk "knesiology and applied Anatomy", 2nd ed.lee and Febiger, (1963).
- Show D, "Kinesiology' Friends Publications, New Delhi, (2001).
- Singh Ajmer et.al. "Modern Text Book of Physical Education, Health and Sports", Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., "Anatomy and Physiology for Nurses"Oxford University Press. New Delhi (2003). .
- Verma K.K., "Health & Physical Education" Parkash Brothers, Ludhiana (2005).

- Mathews D.K. & Fox D.K "The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, "Health & Physical Education" Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. "An introduction to Health and Physical Education 21st century" Patiala (2008).
- Singh Ajmer et. al. "Olympic Movement" Kalyani Publishers, Ludhiana, (2000).

B.A. – 5th and 6th Semester (Practical)
(Health & Physical Education)
(From Session 2016-17)

Maximum Marks- 50

- | | |
|---|-----------------|
| 1. Pranayam: | 10 Marks |
| a) Bhramari b) Anulom Vilom c) Kapal Bhati | |
| 2. Any one Game of the following | 10 Marks |
| (Ground Specifications, General rules and General Skill) | |
| a) Volleyball b) Hockey c) Judo/Boxing/Wrestling/Self-defense tactics | |
| 3. Tying of different types of Bandages and Arm Slings. | 10 Marks |
| 4. First Aid | 10 Marks |
| (First aid for different injuries and circumstances, items of First aid box and their uses) | |
| 5. Viva – Voce and Practical file | 10 Marks |

Practical Exam Notice

Date: 29 June, 2022

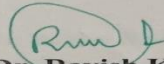
B.A. II & III Year of Health & Physical Education

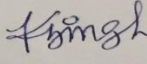
Practical Exam of Health & Physical Education subject for Regular and Re-appear students of B.A. classes will be held according to the below mentioned schedule.

Concerned students will report at college playground in sports kit (Track Paint, white T-Shirt and Sports Shoes) with Practical File, College Identity Card and Exam Roll no. Slip.

Practical Exam Schedule of Health & Physical Education Subject

Sr.	Class	Date of Practical	Reporting Date & Time
1	B.A. -II Semester	4 & 5 July, 2022	4 July, 2022 at (8:45am)
2	B.A. -IV Semester	7 July, 2022	7 July, 2022 at (8:45am)
3	B.A. -VI Semester	14 July, 2022	14 July, 2022 at (8:45am)


(Dr. Ravish Kumar Chauhan)
 Principal


(Dr. Kuldeep Singh)
 Associate Prof. of Phy. Edu.)

B.A. - II Sem; 4 & 5 June, 2022
Regular

KURUKSHETRA UNIVERSITY, KURUKSHETRA
 (Established by the State Legislature Act XII of 1956)

HC-V/4

FORWARDING MEMO FOR PRACTICAL AWARD LIST

The Memo must be filled in by the Examiners in Practical and forwarded alongwith their award list and the attendance charts, so that the payment is not delayed

Centre of Examination I. G. N. College, Ladwa Examiners Serial number given with (In case the examiner is to conduct exam. at more than one centre, he may prepare and send to this office separate forwarding Memo's for each (centre) chart for practical exam.

Name of Examination B.A. - II Sem held on 4 & 5 June 2022
 Subject Health & Phy. Edu. Practical

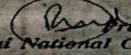
Date on which result submitted to the Assistant Registrar (Secretary)

Total No. of candidates examined. 69

Roll Nos. of candidates actually examined by the examiner

Date 4/7/22 Session II Group II & III
 Roll No. 210070292, 219, 220, 223, 236, 257, 261, 262, 269, 271, 272, 281, 284, 285, 287, 291, 292, 293, 294, 298, 299, 303, 305, 307, 310, 316, 317, 319, 327, 329, 331, 334, 337, 339, 341, 344, 358, 362, 369, 370, 379, 382, 383, 385, 397, 403, 405, 407, 408, 410, 412, 418, 421, 422, 423, 425, 426, 429, 432, 434, 436, 437, 439, 446, 448, 450, 475
 Date 5/7/22 Session III Group II & III
 Roll No. 210070297, 318, 330, 372, 373, 399, 419, 431, 452, 453, 457, 464, 472
 Total 69 (15)

Candidates who were absent and have been shown as such against their Roll Nos. in the attached award list.


Principal
 Indra Gandhi National College
 Ladwa (Dhanora) Kurukshetra

(Full Signatures of Examiner or Examiners, as the case may be)
 Name and Full address. Dr. BALBIR SINGH
 (in capital letters) Griet. College for Women, Karnal

Dated 28/07/2022

Examiner's Serial No. as shown in the Programme Chart for Practical Exam.

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the State Legislature Act XII of 1956)
A+ Grade, NAAC Accredited
Practical Marks Entry For: Class Name : Bachelor of Arts(B.A.)
Paper Type: FULL PAPERS || Semester : SEMESTER-02 || Session : May-June 2022
Subject Name : HEALTH AND PHYSICAL EDU. (PE22)
Examiner ID : 17302 || College Name : IG National College Ladwa

Maximum Marks : 50

S.No.	University Roll No	Obtained Marks	Absent
1	210070202	30	
2	210070219	44	
3	210070220	43	
4	210070223	49	
5	210070236	46	
6	210070257	45	
7	210070261	46	
8	210070262	45	
9	210070269	47	
10	210070271	45	
11	210070272	44	
12	210070278	49	
13	210070281	45	
14	210070284	45	
15	210070285	46	
16	210070287	46	
17	210070291	46	
18	210070292	46	
19	210070293	45	
20	210070294	48	
21	210070297		Absent
22	210070298	46	
23	210070299	46	
24	210070301	45	
25	210070303	46	
26	210070305	43	
27	210070307	45	
28	210070310	46	
29	210070316	43	

Internal Examiner Signature: [Signature] HOD Signature: [Signature] External Examiner Signature: [Signature]

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the State Legislature Act XII of 1956)
A+ Grade, NAAC Accredited
Practical Marks Entry For: Class Name : Bachelor of Arts(B.A.)
Paper Type: FULL PAPERS || Semester : SEMESTER-02 || Session : May-June 2022
Subject Name : HEALTH AND PHYSICAL EDU. (PE22)
Examiner ID : 17302 || College Name : IG National College Ladwa

Maximum Marks : 50

S.No.	University Roll No	Obtained Marks	Absent
30	210070317	40	
31	210070318		Absent
32	210070319	48	
33	210070327	49	
34	210070329	44	
35	210070330		Absent
36	210070331	45	
37	210070334	43	
38	210070337	44	
39	210070339	45	
40	210070341	42	
41	210070344	46	
42	210070358	46	
43	210070362	44	
44	210070369	47	
45	210070370	49	
46	210070372		Absent
47	210070373		Absent
48	210070379	45	
49	210070382	44	
50	210070383	44	
51	210070385	45	
52	210070397	45	
53	210070399		Absent
54	210070400		Absent
55	210070403	42	
56	210070405	48	
57	210070407	48	
58	210070408	46	

Internal Examiner Signature: [Signature] HOD Signature: [Signature] External Examiner Signature: [Signature]

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the State Legislature Act XII of 1956)
A+ Grade, NAAC Accredited
Practical Marks Entry For: Class Name : Bachelor of Arts(B.A.)
Paper Type: FULL PAPERS || Semester : SEMESTER-02 || Session : May-June 2022
Subject Name : HEALTH AND PHYSICAL EDU. (PE22)
Examiner ID : 17302 || College Name : IG National College Ladwa

Maximum Marks : 50

S.No.	University Roll No	Obtained Marks	Absent
59	210070410	44	
60	210070412	45	
61	210070418	46	
62	210070419		Absent
63	210070421	36	
64	210070422	45	
65	210070423	48	
66	210070425	30	
67	210070426	42	
68	210070429	48	
69	210070431		Absent
70	210070432	44	
71	210070434	45	
72	210070436	41	
73	210070437	32	
74	210070439	44	
75	210070446	46	
76	210070448	46	
77	210070450	38	
78	210070452		Absent
79	210070453		Absent
80	210070457		Absent
81	210070464		Absent
82	210070465		Absent
83	210070472		Absent
84	210070475	48	

Internal Examiner Signature: [Signature] HOD Signature: [Signature] External Examiner Signature: [Signature]

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the state legislature act XII of 1956)
B.A. Ist Year (IInd Semester) EXAMINATION, June, 22

Practical Attendance Chart

Chart for preparing list of each group for practical's in science and other subjects.
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Subject: Health & Physical Education Date: 4-7-2022
Group: I Time: 8:45 am onwards.

Sl.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
1	210070202		
2	210070219	Sinrat	Sinrat
3	210070220	Sahil	Sahil
4	210070223	Harsh	Harsh
5	210070236	Mehak Devi	Mehak Devi
6	210070257	Neha	Neha
7	210070261	Latit	Latit
8	210070262	Karun Kumar	Karun Kumar
9	210070269	Prachi Chabra	Prachi Chabra
10	210070271	Sagar	Sagar
11	210070272	Sudav	Sudav
12	210070278	Pooja	Pooja
13	210070281	Dibraj Singh	Dibraj Singh
14	210070282	Ashok Kumar	Ashok Kumar
15	210070284	ABSENT	ABSENT
16	210070285	Lovish	Lovish
17	210070287	Ravinder	Ravinder
18	210070287	Sungina	Sungina
19	210070291	ABSENT	ABSENT
20	210070292	Taniza	Taniza
21	210070293	Kajni	Kajni
22	210070294	Ravi	Ravi
		Rakita Devi	Rakita Devi

Total number of Candidates allotted by Principal 20

Total No. of Candidates examined by the Examiner 20

Total no. of Candidates absent in the Practical Examination 2

Signature of Principal
Address: Principal
Indira Gandhi National College
Ladwa (Dhanera) Kurukshetra

Signature of Practical Examiner: [Signature]
Address: Goul. C. for Women, Karnal

Signature & Address of the co-examiner
(Hony) Dr. Kuldeep Singh
I.G.N. College, Ladwa (Kurukshetra)

(To be sent to the Deputy/Asst Registrar (secretary) along with award list in the confidential envelope (ES-42) (6))

(Established by the state legislature act XII of 1956)
B.A. 1st Year (IInd Semester) EXAMINATION, June, 2022

PRACTICAL ATTENDANCE CHART

Chart for Preparing list of each group for practical's in science and other subjects.
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Subject: Health & Physical Education Date: 4-7-2022
Group: I Time: 8:45am Onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
23	210070297	ABSENT	ABSENT
24	210070298	KanKaj	KanKaj
25	210070299	Teena	Teena
26	210070301	Sheetal	Sheetal
27	210070303	GURJAS SINGH	GURJAS SINGH
28	210070305	gourav	gourav
29	210070307	KOLICE	KOLICE
30	210070310	KARAN	KARAN
31	210070316	Rishi Kumar	Rishi Kumar
32	210070317	Rishanshu	Rishanshu
33	210070318	ABSENT	ABSENT
34	210070319	ABSENT	ABSENT
35	210070327	Souzabh	Souzabh
36	210070329	Manojit Kaur	Manojit Kaur
37	210070330	RITLI	RITLI
38	210070331	ABSENT	ABSENT
39	210070334	Nehak	Nehak
40	210070337	ABSENT	ABSENT
41	210070339	Ankush Kumar	Ankush Kumar
42	210070341	Shubang	Shubang
43	210070344	Simranjeet Singh	Simranjeet Singh
44	210070358	Ravi	Ravi
		Ankita	Ankita

Total number of Candidates allotted by Principal 19

Total No. of Candidates examined by the Examiner 19

Total no. of Candidates absent in the Practical Examination 03/73.00

Signature of Principal
Address
Indira Gandhi National College
Ladwa (Dhanora) Kurukshetra

Signature of Practical Examiner
Address
Griet College for Women
Karnal

Signature & Address of the co-examiner
(if any) Dr. Kuldeep Singh
I.G.N. College, Ladwa(Kurukshetra)

(To be sent to the Deputy/Asstt. Registrar (secretary) along with award list in the confidential envelope(ES-42)(5))

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the state legislature act XII of 1956)
B.A. 1st Year (IInd Semester) EXAMINATION, June, 2022

PRACTICAL ATTENDANCE CHART

Chart for Preparing list of each group for practical's in science and other subjects.
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Subject: Health & Physical Education Date: 5-7-2022
Group: II Time: 8:45am Onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
45	210070362	Sarjeet Kumar	Sarjeet Kumar
46	210070369	Karan Sohi	Karan Sohi
47	210070370	ABSENT	ABSENT
48	(210070372)	Pooja Devi	Pooja Devi
49	(210070373)	ABSENT	ABSENT
50	210070379	ABSENT	ABSENT
51	210070382	ABSENT	ABSENT
52	210070383	Navneet sharma	Navneet sharma
53	210070385	Sahil	Sahil
54	(210070390)	ABSENT	ABSENT
55	210070392	ABSENT	ABSENT
56	(210070399)	Pinku Devi	Pinku Devi
57	(210070400)	ABSENT	ABSENT
58	210070403	ABSENT	ABSENT
59	210070405	Ravi Kumar	Ravi Kumar
60	210070407	Manojit Kaur	Manojit Kaur
61	210070408	ABSENT	ABSENT
62	210070410	Manojit Kaur	Manojit Kaur
62	210070412	Nikhil Singh	Nikhil Singh
64	210070418	Ankita	Ankita
64	210070418	Hahak	Hahak
65	(210070419)	ABSENT	ABSENT
66	210070421	Ajay Singh	Ajay Singh

Total number of Candidates allotted by Principal 16

Total No. of Candidates examined by the Examiner 16

Total no. of Candidates absent in the Practical Examination 06/16.00

Signature of Principal
Address
Indira Gandhi National College
Ladwa (Dhanora) Kurukshetra

Signature of Practical Examiner
Address
Griet College for Women
Karnal

Signature & Address of the co-examiner
(if any) Dr. Kuldeep Singh
I.G.N. College, Ladwa(Kurukshetra)

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(Established by the state legislature act XII of 1956)
B.A. 1st Year (IInd Semester) EXAMINATION, June, 2022

PRACTICAL ATTENDANCE CHART

Chart for Preparing list of each group for practical's in science and other subjects.
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Subject: Health & Physical Education Date: 5-7-2022
Group: II Time: 8:45am Onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
67	210070422	Jeevan Tyagi	Jeevan Tyagi
68	210070423	Max	Max
69	210070425	gourav	gourav
70	210070426	Deehika	Deehika
71	210070427	ABSENT	ABSENT
72	210070429	ABSENT	ABSENT
73	210070431A	Yogesh	Yogesh
74	210070432	ABSENT	ABSENT
75	210070434	Krush Karah	Krush Karah
76	210070436	Imanshu	Imanshu
77	210070437	Kamal	Kamal
78	210070439	Rayan	Rayan
79	210070446	Muskaan Devi	Muskaan Devi
80	210070448	Shivam	Shivam
81	210070450	SUKHVINDE	SUKHVINDE
82	210070453	JAI KUMAR	JAI KUMAR
83	210070457	ABSENT	ABSENT
84	210070458	ABSENT	ABSENT
85	210070461	ABSENT	ABSENT
86	210070464	ABSENT	ABSENT
87	210070465	ABSENT	ABSENT
88	210070469	ABSENT	ABSENT

Total number of Candidates allotted by Principal 13

Total No. of Candidates examined by the Examiner 13

Total no. of Candidates absent in the Practical Examination 09/13.00

Signature of Principal
Address
Indira Gandhi National College
Ladwa (Dhanora) Kurukshetra

Signature of Practical Examiner
Address
Griet College for Women
Karnal

Signature & Address of the co-examiner
(if any) Dr. Kuldeep Singh
I.G.N. College, Ladwa(Kurukshetra)

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the state legislature act XII of 1956)
B.A. 1st Year (IInd Semester) EXAMINATION, June, 2022

PRACTICAL ATTENDANCE CHART

Chart for Preparing list of each group for practical's in science and other subjects.
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra
Subject: Health & Physical Education Date: 5-7-2022
Group: II Time: 8:45am Onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
89	210070472	ABSENT	ABSENT
90	210070474	ABSENT	ABSENT
91	210070475	ABSENT	ABSENT

Total number of Candidates allotted by Principal 01

Total No. of Candidates examined by the Examiner 01

Total no. of Candidates absent in the Practical Examination 02/02.00

Signature of Principal
Address
Indira Gandhi National College
Ladwa (Dhanora) Kurukshetra

Signature of Practical Examiner
Address
Griet College for Women
Karnal

Signature & Address of the co-examiner
(if any) Dr. Kuldeep Singh
I.G.N. College, Ladwa(Kurukshetra)

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